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Future Appointments

Appointment Date: 02/19/2024 09:00:00 AM

Scheduled Provider: Zieman, Glynnis MD

Location: CLBR CB IC

Appointment Type: OPC Telehealth Visit PCA

Diagnostic Tests Pending

Lamotrigine Level-AMB 10/17/23

Lamotrigine Level-AMB 10/18/23

Lamotrigine Level-AMB 11/17/23

Lamotrigine Level-AMB 12/17/23

Lamotrigine Level-AMB 1/17/24

Future Scheduled Tests

Laboratory:

Lamotrigine Level-AMB 2/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 3/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 4/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 5/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 6/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 7/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Radiology:

MR TMJ Uni or Bil 5/30/23

Author: Zieman, Glynnis MD, CommonSpirit

Last Modified: 05/31/2023 5:45 AM

Referral:

Referral to Physical Therapy 2/9/23

Author: Zieman, Glynnis MD, CommonSpirit

Last Modified: 02/9/2023 5:41 PM

Referral to Psychiatric 2/9/23

Author: Zieman, Glynnis MD, CommonSpirit

Last Modified: 02/9/2023 5:41 PM

Referral to Speech Therapy 2/9/23

Author: Zieman, Glynnis MD, CommonSpirit

Last Modified: 02/9/2023 5:41 PM

Immunizations

No data available for this section

Medications

busPIRone (busPIRone 10 mg oral tablet) Status: Ordered Start Date: 11/29/23 1 tab(s) By mouth twice daily.		
dextroamphetamine (dextroamphetamine 10 mg oral tablet) Status: Ordered Start Date: 2/8/23 TAKE 3 TABLETS BYMOUTH TWICE DAILY.		
DULoxetine (DULoxetine 20 mg oral delayed release capsule) Status: Ordered Start Date: 11/29/23 2 pills daily for 1 week, then 1 pill daily for 1 week, then stop. Refills: 0. Ordering provider: Zieman, Glynnis MD	CVS/pharmacy #9210 10653 N Scottsdale Rd Scottsdale, AZ 852545263	
folic acid (folic acid 1 mg oral tablet) Status: Ordered Start Date: 11/29/23 1 tab(s) By mouth once daily. Refills: 5. Ordering provider: Zieman, Glynnis MD	CVS/pharmacy #9210 10653 N Scottsdale Rd Scottsdale, AZ 852545263	
lamoTRIGine (lamoTRIGine 100 mg oral tablet, extended release) Status: Ordered Start Date: 10/11/23 1 tab(s) By mouth once daily. take with 300mg ER tablet (total 400mg/day). Refills: 5. Ordering provider: Zieman, Glynnis MD	CVS/pharmacy #9210 10653 N Scottsdale Rd Scottsdale, AZ 852545263	
lamoTRIGine (lamoTRIGine 300 mg oral tablet, extended release) Status: Ordered Start Date: 10/11/23 1 tab(s) By mouth once daily. TAKE 1 TABLET BYMOUTH DAILY. Refills: 5. Ordering provider: Zieman, Glynnis MD	CVS/pharmacy #9210 10653 N Scottsdale Rd Scottsdale, AZ 852545263	

sertraline (sertraline 25 mg oral tablet) Status: Ordered Start Date: 11/30/23 1 tab(s) By mouth once daily. Refills: 5. Ordering provider: Zieman, Glynnis MD	CVS/pharmacy #9210 10653 N Scottsdale Rd Scottsdale, AZ 852545263
sertraline (sertraline 25 mg oral tablet) Status: Ordered Start Date: 11/29/23 1 tab(s) By mouth once daily. Refills: 3. Ordering provider: Zieman, Glynnis MD	CVS/pharmacy #9210 10653 N Scottsdale Rd Scottsdale, AZ 852545263

Problem List

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant	Author	Last Modified
ADHD - Attention deficit disorder with hyperactivity	Confirmed			Resolved			Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM
Depression	Confirmed			Resolved			Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM
Depression	Confirmed			Active			Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM
Domestic violence	Confirmed			Resolved			Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM
Epilepsy	Confirmed			Resolved			Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant	Author	Last Modified
History of domestic violence	Confirmed			Active			Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM

Procedures

Procedure	Date	Related Diagnosis	Body Site	Status	Author	Last Modified
Endoscopy ¹				Completed	Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM
Foot ²				Completed	Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM
Umbilical hernia				Completed	Zieman, Glynnis MD Barrow Concussion & Brain Injury Center	02/9/2023 5:30 PM

¹ 2016

Author: Zieman, Glynnis MD, Barrow Concussion & Brain Injury Center

Last Modified: 02/9/2023 5:30 PM

² x2

Author: Zieman, Glynnis MD, Barrow Concussion & Brain Injury Center

Last Modified: 02/9/2023 5:30 PM

Results

No data available for this section

Vital Signs

10/17/23

Sensory Deficits	None	Dominguez, Alina MA Barrow Epilepsy	10/17/2023 8:07 PM
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Social History

Social History Type	Response	Author	Last Modified
Smoking Status	Never (less than 100 in lifetime) entered on: 10/17/23	Dominguez, Alina MA Barrow Epilepsy	10/17/2023 8:05 PM
Birth Sex		CommonSpirit	12/28/2023 4:45 PM

Goals

No data available for this section

Hospital Discharge Instructions

No data available for this section

Reason for Referral

No data available for this section

Health Concerns

No data available for this section

Implantable Device List

No data available for this section

Clinical Note

No data available for this section

Patient Care team information

Care Team Personnel

Author: CommonSpirit

Last Modified: 05/30/2023 3:58 PM

Name: PCP, None per patient

Member Role: Lifetime Physician(PCP)

Author: CommonSpirit

Last Modified: 05/30/2023 3:58 PM

Care Team Related Persons

Author: CommonSpirit

Last Modified: 05/30/2023 3:58 PM

Name: OWENS, JAN

Author: CommonSpirit

Last Modified: 05/30/2023 5:28 PM

Family History

No data available for this section

EXHIBIT 4

OWENS, LAURA MICHELLE Admin Sex: Female DOB: [REDACTED]

Continuity of Care Document

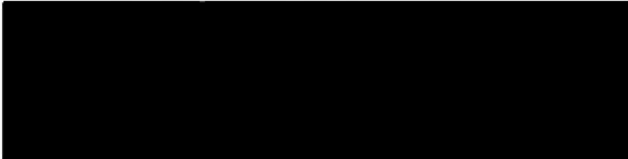
Summarization of Episode Note | 10/11/2023 to 10/11/2023

Source: Barrow Concussion & Brain Injury Center

Created: 12/30/2023

Demographics

Contact Information:



Previous Address(es):

--

Marital Status: Unknown

Religion: Not Specified

Race: Multi Racial/Other

Previous Name(s):

OWENS, LAURA

Ethnic Group: Not Hispanic or Latino

Language: English

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:99FAC598-D72A-4299-90B8-DD712E6433B2:PRINCIPAL:71A1ED68-7DFA-4721-95D4-BFE523C12738, 9489886, 9489886, 417D83E1-5BF0-4C7D-BE7A-0F5EB36B3FAB

Care Team

Type	Name	Represented Organization	Address	Phone
primary care physician	PCP, None per patient	--	--	--

Relationships

NoData to Display

Document Details

Source Contact Info

222 WThomas RdSuite 304(602) 406-3810, Phoenix, AZ 85013- , US

Tel: (602)406-4323

Author Contact Info

12/30/2023 3:24 PM

Barrow Concussion & Brain Injury Center

Recipient Contact Info

--

Healthcare Professionals

NoData to Display

IDs & Code Type Data

Document Type ID: 2.16.840.1.113883.1.3 : POCD_HD000040

Document Template ID: 2.16.840.1.113883.10.20.22.1.1 : --, 2.16.840.1.113883.10.20.22.1.1 : 2015-08-01, 2.16.840.1.113883.10.20.22.1.2 : 2015-08-01

Document ID: 2.16.840.1.113883.3.2828.7.40.999362 : 1277986955

Document Type Code: 2.16.840.1.113883.6.1, 34133-9

Document Language Code: en-US

Document Set ID: --

Document Version Number: --

Primary Encounter

Encounter Information

Registration Date: 10/11/2023

Discharge Date: 10/11/2023

Visit ID: --

Location Information

Barrow Concussion & Brain Injury Center

(Work): 222 WThomas RdSuite 304, Phoenix, AZ 85013-, US

Providers

Type	Name	Address	Phone
Attending	Zieman, Glynnis MD	(Work): 222 WThomas RdSuite 304, Phoenix, AZ 85013-, US	Tel: (602)406-4323 (Work)

Encounter

AZSACLIN_FIN 49818786 Date(s): 10/11/23 - 10/11/23

Barrow Concussion & Brain Injury Center 222 W Thomas Rd Suite 304 Phoenix, AZ 85013- US (602) 406-4323

Encounter Diagnosis

Migraine (Discharge Diagnosis) - 10/11/23

Jaw pain (Discharge Diagnosis) - 10/11/23

Mood disorder as late effect of traumatic brain injury (Discharge Diagnosis) - 10/11/23

Epilepsy during pregnancy (Discharge Diagnosis) - 6/14/23

Late effect of traumatic injury to brain (Discharge Diagnosis) - 10/11/23

Discharge Disposition: Cerner Auto Discharge

Attending Physician: Zieman, Glynnis MD

Author: Barrow Concussion & Brain Injury Center

Last Modified: 10/19/2023 5:41 AM

Reason for Visit

DVFU;DVFU

Allergies, Adverse Reactions, Alerts

No Known Medication Allergies

Author: Perez, Evelyn, Barrow Concussion & Brain Injury Center

Last Modified: 02/8/2023 9:58 PM

Assessment and Plan

Extracted from:

Title: Brain Injury & Sports Neurology Center - FU	Author: Zieman, Glynnis MD	Date: 10/11/23		
Radiologic Interpretation		Zieman, Glynnis MD	10/11/2023 5:54 PM	
Outpatient EEG performed March 9, 2020 (St. Mary's Medical Center, San Francisco, CA) was abnormal due to intermittent generalized sharp and slow wave discharges occurring in runs from 1-3 seconds.		Barrow Concussion & Brain Injury Center		
MRI brain without contrast performed May 30, 2023 (SJHMC) was normal.				
CT maxillofacial performed May 30, 2023 (SJHMC) revealed n				
o acute facial bone fracture. Asymmetric anterior orientation of the left mandibular condyle relative to the glenoid fossa as well as mild leftward positioning of the maxilla relative to the mandible. Findings are nonspecific may be positional versus related to soft tissue injury. MRI of the TMJ may be of benefit to better assess for any discal or ligamentous injury.				

Assessment/Plan	Zieman,	10/11/2023 5:54 PM
Epilepsy during pregnancy O99.350	Glynnis MD	
Epilepsy, unspecified, not intractable, without status epilepticus G40.909	Barrow	
This is a 33 year old female with cognitive concerns, jaw pain, neck pain, as well as current worsened mood symptoms after sustaining multiple mild traumatic brain injuries, as well as strangulation injuries, due to domestic violence. She was also a victim of likely date rape and assault in 2022. Her symptoms are explained by these injuries and are persistent, which is expected, given her psychiatric history, as well as the repeat and traumatic nature of her injuries. Fortunately, brain MRI is normal. CT maxillofacial indicates some malpositioning/dislocation, which is somewhat expected, given her history. She is currently 21 weeks pregnant with twins. She has not yet established with the epilepsy clinic or with ENT. She continues to have jerks, and she has not yet done the EEG I previously ordered. I will check her serum lamotrigine level and increase her lamotrigine to 400mg daily. I will have her follow up with the epilepsy clinic. She remains on folic acid. She continues to have jaw pain, and she is going to call ENT to follow up. I previously ordered an MRI of the TMJ, which has not yet been completed. She is following with a trauma therapist. She has not started the propranolol I previously ordered for her tremor and anxiety, but we will hold off on having her start it now. All questions answered, Laura will return to clinic in 4 months.	Concussion & Brain Injury Center	

Addendum		
by Zieman,		
Glynnis MD on October 11, 2023 10:53:20 MST	Case was discussed in detail with Dr. Kingsford and I interviewed the patient and confirmed appropriate aspects of the physical examination today. I agree with the above documentation and plan of care. All patient's questions answered.	
	She will return to clinic in 4-6 weeks and I have contacted the BNI Epilepsy Clinic to get her scheduled for consultation there ASAP.	

Future Appointments

Appointment Date: 02/19/2024 09:00:00 AM

Scheduled Provider: Zieman, Glynnis MD

Location: CL BR CB IC

Appointment Type: OPC Telehealth Visit PCA

Diagnostic Tests Pending

Lamotrigine Level-AMB 10/11/23

Future Scheduled Tests

Laboratory:

Lamotrigine Level-AMB 2/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 3/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 4/17/24

Author: Chen, Stephanie C FNP, CommonSpirit

Last Modified: 10/17/2023 8:42 PM

Lamotrigine Level-AMB 5/17/24

EXHIBIT 5

Report Status FINAL

Route 1006 Ordered by:

Any Lab Test Now Scottsdale
8989 E Via Linda
Suite 111
Scottsdale, AZ 85258



**Sonora Quest
Laboratories™**

A Subsidiary of Laboratory Sciences of Arizona

Judy Hunter, MD

Patient Information:

OWENS, LAURA

Account: 13288

Collected: 10/16/2023
Received: 10/16/2023 09:02 PM
Reported: 10/17/2023 12:27 AM

██████████ 3873 ██████████ 79
Sex: F Age: 33Y-5M-2D
Patient Phone:

TEST	RESULTS	REFERENCE RANGES	UNITS	PL
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CHEMISTRY

hCG Quantitative

102 H

≤4

mIU/mL

hCG Reference Ranges:

Non-pregnant ovulating female: ≤ 4 mIU/mL

Non-pregnant post menopausal female: ≤ 10 mIU/mL

Male: ≤ 2 mIU/mL

This hCG Electrochemiluminescent immunoassay was performed using Roche Elecsys reagents. This assay is a total beta subunit assay. It measures intact, nicked, free beta, and nicked free beta hCG. Rebaselining may be necessary when using another assay.

Tests Ordered: hCG Quantitative

Values Outside of Reference Range

TEST	RESULTS	REFERENCE RANGES	UNITS
hCG Quantitative	102 H	≤4	mIU/mL

Values listed above may not include all results considered abnormal for this patient (e.g., text-only results, such as those for some pathology/cytology specimens, and results for analytes without established reference ranges will not appear). Always review the entire patient report and correlate all results with the patient's clinical condition.

Unless otherwise noted, testing performed by: Sonora Quest Laboratories, 424 S 56th St, Phoenix, AZ 85034 800.766.6721

End of Report

73 ██████████ 79 - **FINAL Report**

L=Low, H=High, C=Critical Abnormal, CL=Critical Low, CH=Critical High, *=Comment

Distribution #: 660166786-35284145



Result Report

Produced by AutoDist On 10/17/2023 12:29 AM

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EXHIBIT 6

DATE: Jan-04-2024 TIME: 18:45:34 UTC

Fax

TO: 4809198900

FROM: MomDoc (4808213628)

SUBJECT - Laura Owens

This facsimile transmission may contain confidential and protected information that is legally privileged. This information is intended only for the use of the individual or entity named above. If you are not the intended recipient, you are hereby notified that any disclosure, distribution, copying, or action taken in reliance on the contents of these documents is strictly prohibited. If you have received this facsimile transmission in error, please notify the owner of this information immediately and arrange for its return or destruction.



MomDoc Medical Records
PO BOX 6730
Chandler, AZ 85246




Please fill out ALL information completely. **Any items left blank will prevent the timely release of records. Information cannot be changed, edited or added by MomDoc employees.** If you prefer to pick up your records in one of our medical office please specify when and which office. Records are normally available within seven to ten business days.

Send Records

TO MomDoc FROM

FROM MomDoc TO

Recipient's or Sender's Name: Laura Owens 

Records to Release

All Records OB Records GYN Records Labs Imaging

Specific Date(s) -From _____ to _____

Other (please specify) _____

*Also include records about communicable disease HIV neither

Reason for release

Personal copy Referral / Continuity of Care Disability Moving Transferring Care

Insurance Legal Reason Other (please specify): _____

**I understand that I may revoke this authorization at anytime with the exception of records that have already been released and that any records received from another provider will not be released. I also understand there may be a fee for records released to the patient or another non-medical provider/facility, and that any such fee must be paid before the records will be released. Upon fulfillment of the above stated purpose this authorization will expire in one year following the date of signature.*

Patient Name: Laura Owens D.O.B. 

Signature Laura Owens Digitally signed by Laura Owens
Date: 2023.12.28 15:31:54 -0700 Date 5/14/1990

Relation to patient: Self Other (please specify): _____

This message is intended for the use of the person or entity to which it is addressed and may contain information that is confidential, the disclosure of which is governed by applicable law. **Please note we do not accept CD or Emailed records.**

Phone: (480) 821-3600
MomDoc.com

and started bleeding a few weeks after the US. Pt reports she passed two sacs which appeared to have a membrane but denies having much bleeding outside of that. She was worried about what that could mean and continued to take hpt to assess if she was still pregnant. She ordered her own hcg through a "labs now" type place which showed a very low HCG level. She was told this was not consistent with a viable pregnancy. She reports she had bleeding last week that was like a period and lasted 2 days. She comes to MomDoc to find out if she is still pregnant. Pregnancy was unplanned.

Annual exam: Pap smear performed today. Mammogram not indicated today. Blood work not indicated today. Colonoscopy not indicated today. Dexa scan not indicated today. . Pertinent negatives include anxiety/irritability, back pain, bloating, blood in stool, hematuria, chills, depression, frequency, pyrosis, loss of appetite, vag discharge, urgency, coital pain, flank pain, abn discharge, fever, bowel changes, dizziness, hesitancy, incontinence, mood changes, abd/pelvic pain, constipation, n/v, vag bleeding, weight gain, weight loss, hot flashes/sweats, dysuria.

Device/Injection supplied by MomDoc? Not Applicable

Gynecological History Last Updated: 11/14/2023

Usual Periods: Menarche at age 13. Cycles are irregular. Duration of flow: >6 days. Heavy flow. Mid-cycle bleeding: none. Clots: occasionally Severe cramps. When: days 1-2

Periods Now: Cycles are irregular. Duration of flow: 1 days. Light flow. Mid-cycle bleeding: none Clots: none No cramps.

Premenstrual: Bloating. Irritability. Depression. Denies Other problems.

Menopausal: N/A

Sexual: She is sexually active. Age of coitarche: 21. Denies problems with orgasmia. Denies pain. Denies bleeding. Denies Other problems.

Contraceptives: Current contraceptive: nothing. Denies problems with current contraceptive. Denies problems with past contraceptives.

Skin/Breast: BSE done regularly. Denies lumps. Denies nipple problems. Denies mastalgia. Denies tenderness. Denies rash. Denies Other problems.

Infertility: N/A

Infection: HPV: 2017 , 2019 colp. Yeast: February 2023 was treated. Denies GC. Denies chlamydia. Denies syphilis. Denies herpes. Denies trichomonas. Denies bacterial vaginosis. Denies Other infections.

Pap:

<u>Year</u>	<u>Month</u>	<u>Procedure</u>	<u>Findings</u>	<u>Plan</u>
2019	June	Pap	abnormal	

Gastrointestinal: Denies nausea. Denies vomiting. Denies diarrhea. Denies constipation. Denies abnormal stools. Denies bloating. Denies cramps/pain. Denies heartburn. Denies epigastric pain. Denies other problems.

Genitourinary: Denies Hematuria. Denies Dysuria. Denies Frequency. Denies hesitation. Denies incomplete emptying. Denies urgency. Denies incontinence. Denies pads. Denies pain. Denies bloating. Denies rectal fullness. Denies defecation. Denies Other problems.

Vulvovaginal: Denies itching. Denies odor. Denies discharge. Denies lesions. Denies pain. Denies other problems.

Remaining Review of Systems Last Updated: 11/14/2023

EENT: Denies vision changes. Does not wear corrective lenses. Denies sinusitis. Denies tinnitus. Denies headache. Denies Other problems.

Cardiovascular: Denies orthopnea. Denies nocturia. Denies chest pain. Denies dyspnea on exertion. Denies edema. Denies palpitations. Denies other problems.

Respiratory: Denies wheezing. Denies coughing. Denies sputum. Denies hemoptysis. Denies shortness of breath. Denies snoring. Denies other problems.

Musculoskeletal: Denies muscle weakness. Denies joint problems. Denies pain. Denies fractures. Denies Other problems.

[Redacted]

Date of Birth: [Redacted]

[Redacted] November 14, 2023

Neurological: Denies syncope. Denies seizures. Denies numbness. Denies stroke. Denies trouble walking. Denies Other problems.

Psychiatric: Denies Depression. Denies Crying. Denies anxiety. Denies mental illness. Denies trouble sleeping. Denies Other complaints.

Endocrine: Denies Diabetes. Denies Hypothyroid. Denies Hyperthyroid. Denies hot flashes. Denies other problems.

Hemat/Lymph: Denies bruising. Denies bleeding Denies adenopathy. Denies other problems.

Medications

Medication	Dose	Start Date	Sig Desc
Lamotrigine Er	300 Mg		take 1 tablet by oral route every day swallowing whole. Do not crush, chew and/or divide.

Family History Last Updated: 11/14/2023

Mother: living, Health - Unknown,

Father: living, Health - Poor,

History of diabetes - no,. History of heart disease - dad,. History of cancer - father. - mom, dad.

Social & Personal History Last Updated: 11/14/2023

Smoking - no, Alcohol - no, Drugs - none, Safe at home? - feels safe at home, Diet discussed - healthy,

Gardasil:

Today's Physical Exam

Vitals: BP: 118/80 PR: 92 RR:16 T: 97.0F WT: 133 lbs HT: 65" BMI:22

Appearance: Well developed. Well nourished. Well groomed. In good apparent health.

Skin: Good Hydration. Normal tone/turgor. Normal to inspection. No Lesions. Normal hair distribution. No actinic changes.

HEENT: Symmetrical pupils. Sclera WNL. No Strabismus. Teeth & gingiva WNL.

Neck: Normal ROM. No Adenopathy. Thyroid WNL. Normal to inspection. No kyphosis. No scars.

Breasts: No thickening. No scars. No tenderness. Nipples WNL. No mass(es). No nodularity. No adenopathy. No skin changes.

Lungs: Normal to auscultation. Good respiratory effort.

Cardiovascular: Normal rate & rhythm. Normal to auscultation. No peripheral vascular changes.

GI/Abdomen: Normal to Inspection. Normal to Palpation.

Lymphatic: No palpable nodes in neck. No palpable nodes in axilla.

Back: No CVA Tenderness. No kyphosis or scoliosis noted. No spasm.

Vulva: Normal crinis pubis and hair distribution. No localized or pigmented lesions. No mass(es). Normal clitoris. Normal BUS. Normal labia. Normal perineum and fourchette. Normal introitus.

Vagina: No localized lesions. No congestion. No abnormal discharge. No forniceal changes. Good estrogen effect. No mass(es). No cystourethrocele. No enterocele. No rectocele.

Cervix: Well supported. Without fixation. Not tender to motion.

Uterus: Normal position. Normal contour. Normal consistency. Freely movable. No tenderness / thickening. No masses.

Adnexa: Without tenderness, mass, thickening, fixation, or other abnormality.

Rectovaginal: Not indicated

Extremities: No edema. No Varicosities. No tenderness.

Neuro/Psych: Alert. Cooperative. Oriented to place, time, and person. Normal speech and behavior. No

Tremors. Normal mood and affect. No outward signs of depression. No apparent anxiety. Not agitated. Cranial nerves II-XII grossly intact.

Procedure: UPT negative x 2

pap smear
gc/ct/trich

Assessment

Encounter for well women exam
Negative pregnancy test
Screening for STD
Encounter for other general counseling on contraception

Injections

Today's Assessment/Ongoing Problem List

<u>Code</u>	<u>Description</u>	<u>Status</u>	<u>Diagnosed</u>	<u>Resolved</u>	<u>Note</u>
Z01.419	Encntr for gyn exam (general) (routine) w/o abn findings				
Z11.3	Encntr screen for infections w sexl mode of transmiss				
Z30.09	Encounter for oth general cnsl and advice on contraception				
Z32.02	Encounter for pregnancy test, result negative				

Plan & Alternatives

1. UPT negative x 2 and discussed SAB complete. No additional work up needed at this time. Discussed causes for early pregnancy loss and when evaluation for recurrent pregnancy loss would start.

2. Discussed forms of birth control and challenges of birth control while on lamotrigine. Encouraged either depo or IUDs. Pt undecided at this time and pamphlets given on Mirena and paraguard. Pt will consider options.

3. Pap done today per ASCCP guidelines. Gc/ct/trich collected. We have discussed the natural hx of common GYN and general health problems that occur at her stage of life. Reviewed healthy diet, exercise, calcium supplements and multivit etc. Patient to RTO: birth control options

Very careful and lengthy instructions given regarding possible complications and/or interactions. We have discussed the conditions under which the patient should call.

Labs

11/14/2023 05:10 PM: Sent/Pending: ORDER:CT, NG, TRICH VAG BY NAA
11/14/2023 05:10 PM: Sent/Pending: ORDER:Pap IG, APT HPV, Age GdIn CCS Only

Document Generated by: Gabrielle Richards
Document Generated at: 11/14/2023 7:59 PM
Documenting Provider: Gabrielle Richards FNP-C
MA who documented: Nancy Flores
Time MA finished: 5:26 PM
Chaperone: Flores, Nancy

MomDoc
2545 W Frye Rd
Chandler, AZ, 852246277
Phone #: (480) 821-3600



Ordering: Faro, Constance MD Performing #: LabCorp Location: WFW-Scottsdale Office
Tests Ordered : CT, NG, TRICH VAG BY NAA (183160)

Ct, Ng, Trich vag by NAA (Collection Date: 11/15/2023 13:25, Status: Final)

SRC:VA
Performed At: CETWE, Labcorp Phoenix
5005 S 40th Street Ste 1200, Phoenix, AZ, 850402969
Earle, Collum, MD, Phone: 8007889743

Component	Result	Units	Flag	Range	Comment
Chlamydia by NAA	Negative			Negative	
Gonococcus by NAA	Negative			Negative	
Trich vag by NAA	Negative			Negative	

Patient: Owens, Laura , DOB: 5/14/1990

MemDoc
 2545 W Frye Rd
 Chandler, AZ, 852246277
 Phone #: (480) 821-3600



Ordering: Faro, Constance MD **Performing #:** LabCorp **Location:** WFW-Scottsdale Office
Tests Ordered : Pap IG, APT HPV, Age GdIn CCS Only (193065)

IGP, Aptima HPV, rfx 16/18,45 (Collection Date: 11/15/2023 13:26, Status: Final)

Performed At: UZLCA, Labcorp Phoenix
 5005 S 40th Street Ste 1200, Phoenix, AZ, 850402969
 Earle, Collum, MD, Phone: 8007889743
 Performed At: CETWE, Labcorp Phoenix
 5005 S 40th Street Ste 1200, Phoenix, AZ, 850402969
 Earle, Collum, MD, Phone: 8007889743

Component	Result	Units	Flag	Range	Comment
019018					
Clinician provided	Comment				Z12.4
ICD10:					
DIAGNOSIS:	Comment				NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY.
HPV Aptima	Negative				Negative This nucleic acid amplification test detects fourteen high-risk HPV types (16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66, 68) without differentiation.
HPV Genotype Reflex	Comment				Criteria not met, HPV Genotype not performed.
Note:	Comment				The Pap smear is a screening test designed to aid in the detection of premalignant and malignant conditions of the uterine cervix. It is not a diagnostic procedure and should not be used as the sole means of detecting cervical cancer. Both false-positive and false-negative reports do occur.
Performed by:	Comment				Kai-Lin Wong, Cytotechnologist (ASCP)
Specimen adequacy:	Comment				Satisfactory for evaluation. Endocervical and/or squamous metaplastic cells (endocervical component) are present.
Test Methodology:	Comment				This liquid based ThinPrep(R) pap test was screened with the use of an image guided system.

IGP, Aptima HPV Age GdIn (Collection Date: 11/15/2023 13:26, Status: Final)

CO-APD2023-31905370
 Performed At: PDLCA, Labcorp Phoenix
 5005 S 40th Street Ste 1200, Phoenix, AZ, 850402969
 Earle, Collum, MD, Phone: 8007889743

Component	Result	Units	Flag	Range	Comment
Age GdIn ACOG Testing		30-65			

